

Updated 07/26/06

# *Training Bulletin*

## *Course Descriptions and Schedule*

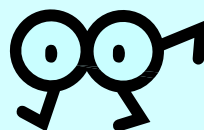
*New: WNA Certification Streamline Process!*



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# WELCOME TO THE TRAINING BULLETIN



The Training Bulletin has a new look!

- ④ More content information with links to applications, Online Resources, and a sample certificate.
- ④ **ATTENTION ALL WNA'S! STREAMLINE YOUR WNA CERTIFICATION NOW!** Go to Page V in Registration Information to see which of our courses satisfies completion of the quiz and interview portions for SIX of the EIGHT WNA certification tasks! Also, check out CRP's sessions that qualify!
- ④ **FOR ONLINE LEARNING OPPORTUNITIES**, go to Pages 23 and 24 to access valuable and convenient websites where you can earn continuing education credits!
- ④ **Motivational Interviewing DVD**: DHS WIC presents MI on DVD. Sacramento County WIC staff Chris Husing demonstrates how MI, a learner-centered approach for individual education, can be used in the WIC setting. Please contact Teresa Dean at (916) 928-8778 or [tdean@dhs.ca.gov](mailto:tdean@dhs.ca.gov) for viewing information. Any questions, please contact Kim Frinzell at (916) 928-8653 or [kfrinzel@dhs.ca.gov](mailto:kfrinzel@dhs.ca.gov).
- ④ **Individual Education Skill Building**: Check out our WIC specific individual training on Page 5.
- ④ **ISIS Agency Training**: Contact our State instructors Ana Rodrigues at (916) 928-8511 or Mini Sanchez-Vite at (916) 928-8731, or send a fax to Ana or Mini at (916) 928-0519, to request valuable ISIS staff trainings.
- ④ **Local Agency Training Approval Request form** – Please reference WIC Program Manual Sections 110-30 and 130-40 regarding allowable and unallowable costs, and training approval guidelines.

The Training Bulletin will be updated on an as needed basis. For the most recent updates, check the date in the top right corner of the cover page. Visit our address at: <http://www.wicworks.ca.gov> for valuable agency resource information and course registration.

# Registration Information

**We are excited to offer you a wide variety of learner-centered education training. This training will help you and your staff redesign and reinvigorate your nutrition education program.**

Our bulletin has additional information for your convenience:

- Course name, content description, dates and locations
- Links to applications and other online resources
- An index of courses that will satisfy task completion towards WNA Certification
- Training materials that you can order directly from us
- Recommended Outside Training for 2006 and 2007 (updated as needed)
- Suggested Outside Trainers
- Nutrition Education and Training Consortia contact list for your convenience
- WIC Program Manual policy reference reminder for budget purposes



We hope this bulletin is useful to you as you develop your training plan. For additional resources, please view:  
<http://www.wicworks.ca.gov/resources/trainingBulletin/TrainingBulletin.pdf>

Please contact **Kim Frinzell at (916) 928-8653** if you have any questions about the bulletin.

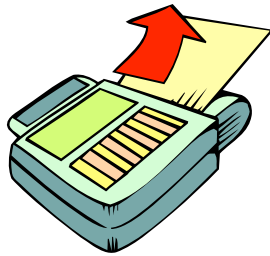


**Remember that to attend any training, funds must be available in your agency's budget and approval for training must be obtained from your supervisor.**

# Registration Information

To register your staff for training:

1. Fax the completed and appropriate application form to (916) 928-6816.



OR

2. Email Registrar@dhs.ca.gov and include the following information:

- ♦ Staff Name
- ♦ Position Title
- ♦ Class Name
- ♦ Class Date(s) and Location – (First Choice and Second Choice)
- ♦ Contact Name
- ♦ Contact Person's Telephone and Fax Number
- ♦ Agency Name and Address



AND

To register your agency for training:

3. To Schedule Training for Your Agency:

Please take the following steps:

Contact Kim Frinzell, Chief, TCDU, to discuss your request. Please call her at (916) 928-8653 or send a fax to Kim at (916) 928-6816.

Have a minimum of 10 participants for the training (unless your caseload is less than 5000).

Invite staff from other agencies to your region.

Handle all the training logistics.

# Looking for ways to streamline the WNA Certification Process?



## We can help!

***A variety of our trainings now include a  
\*\*Certificate of Completion” on the quiz and interview portion for  
6 of the 8 WNA Certification Tasks***

***Attendees at these trainings will receive a certificate.  
Copies of this certificate must be included in the WNA Certification packet.***

***Be a Service Star: Customer Service (Task I)***

***Cultural Diversity (Task I)***

***ISIS Basic Part I and II (Task II, Task V, and Task VI)***

***Participant Centered Individual Education (Task IV)***

***Family Centered Education (FCE) (Task VII)***

***Finding the Teacher Within (Task VII)***

***Starting the Dialogue-Beginning (Task VII)***

***Starting the Dialogue-Intermediate (Task VII)***

***\*\*Local agencies are still required to complete the file audit and observation portion of each task.***

For a complete description of our trainings and to request a training, log on to our website at <http://www.wicworks.ca.gov/>

# Links to Course Application Forms

→ To request any of the following trainings at your local agency site, complete and fax your application to (916) 928-6816, Attention: Kim Frinzell.

To access the online application, click on:

<http://www.wicworks.ca.gov/resources/trainingBulletin/trainForms/StateTrainingRequestForm.pdf>

*Be a Service Star: Customer Service*  
*Cultural Diversity*  
*Participant Centered Individual Education*  
*Family Centered Education (FCE)*  
*Finding the Teacher Within*  
*Starting the Dialogue – Group Education-Beginning*  
*Starting the Dialogue – Group Education-Intermediate*  
*Fit WIC*

→ For ISIS training, contact State instructors Ana Rodrigues or Mini Sanchez-Vite at (916) 928-8511 or (916) 928-8731. Dates and locations are in this Training Bulletin.

*ISIS Basic Part I and ISIS Basic Part II*

→ To request training conducted by **GLOBAL LEARNING PARTNERS (GLP)** complete an application and fax to (916) 928-6816, Attention: Teresa Dean.

*Learning to Listen, Learning to Teach*

# Be a Service Star



**Length:** 1 Day

**Instructor:** State WIC Trainers

**Description:** Let your people skills shine through while you learn to become a Customer Service Star.

**Learn:**

- What your customers need
- How to create rapport, listen actively, and use other communication skills
- How to incorporate the Fish Philosophy at your agency
- How to handle challenging situations

**Discover the “STAR” in you!**

**Who Should Attend:** All interested staff, particularly those providing direct service.

To register, please view and print application form at:

<http://www.wicworks.ca.gov/resources/trainingBulletin/trainForms/StateTrainingRequestForm.pdf>

**WNA: Satisfies WNA Certification Task I requirement for quiz and interview. Certificate of Completion is provided.**

To request this training for your agency staff, please complete the application form.



# Family Centered Education (FCE)

**Length:** 1 Day

**Instructor:** State WIC Trainers

**Description:** Ever wonder what to do with the children that attend WIC sessions with their parents? Involve the whole family – children included – in the learning by using Family Centered Education (FCE)! During FCE group education sessions, the parents and children have fun together while learning about nutrition. The family takes part in hands-on activities that help children get ready for school, while promoting the role of the parent or caregiver as the first teacher for their children.

**At this training, you will:**

- ♦ Explore the principles of working effectively with family groups
- ♦ Practice how to read to children when adults are in the class
- ♦ Practice teaching a Family Centered Education (FCE) session using FCE lesson plan and materials
- ♦ Problem solve on how to handle common facilitation challenges in FCE

**Who should attend:**

Staff who teach, train, and/or design classes

To register, please view and print application form at:

<http://www.wicworks.ca.gov/resources/trainingBulletin/trainForms/StateTrainingRequestForm.pdf>

**WNA: Satisfies WNA Certification Task VII requirement for quiz and interview. Certificate of Completion is provided.**

**To request this training for your agency staff or region, please complete the application form.**

# Starting the Dialogue: Group Education - Beginning



**Length:** 1 Day

**Instructor:** State WIC Trainers

***Description:*** Are you ready to change your group education from a monologue to dialogue? Then check out Starting the Dialogue.

At this session you will:

- Discover some quick ways to find out what people want to learn
- Practice facilitation skills
- Learn how to handle misinformation

**Kick up your group education a notch!**

***Who Should Attend:*** Staff who teach, train, and/or design classes.

To register, please view and print application form at:

<http://www.wicworks.ca.gov/resources/trainingBulletin/trainForms/StateTrainingRequestForm.pdf>

**WNA: Satisfies WNA Certification Task VII requirement for quiz and interview. Certificate of Completion is provided.**

**To request this training for your agency staff or region, please complete the application form.**

# Starting the Dialogue: Group Education-Intermediate



**Length:** 1 Day

**Instructor:** State WIC Trainers

***Description:*** Move your group education to the next level of dialogue.

**At this training you will:**

- Build on basic facilitation skills
- Practice handling challenging situations
- Redesign and deliver a lesson plan as a facilitated session
- Transform a standard lesson plan into an interactive facilitated session where everyone participates and learns

***Who Should Attend:*** Staff who teach, train, and/or design classes.

To register, please view and print application form at:

<http://www.wicworks.ca.gov/resources/trainingBulletin/trainForms/StateTrainingRequestForm.pdf>

**WNA: Satisfies WNA Certification Task VII requirement for quiz and interview. Certificate of Completion is provided.**

**To request this training for your agency staff or region, please complete the application form.**

# Participant Centered Individual Education

**Length:** 1 Day

**Instructor:** State WIC Trainers

***Description:*** Discover ways to motivate participants to make positive health changes in their lives.

**At this training you will:**

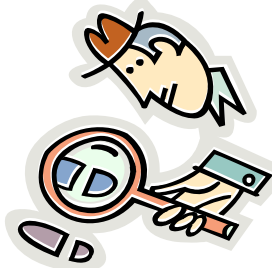
- Identify how to use a learner-centered approach to make individual education sessions more effective
- Practice core individual education skills such as open-ended questions, paraphrasing, and validating feelings
- Review the stages of behavior change and brief motivational interviewing methods for assessing readiness to change
- Practice conducting individual education using “brief” motivational interviewing techniques

***Who Should Attend:*** Staff who provide individual education or train or supervise those who provide education.

To register, please view and print application form at:

<http://www.wicworks.ca.gov/resources/trainingBulletin/trainForms/StateTrainingRequestForm.pdf>

**WNA: Satisfies WNA Certification Task IV requirement for quiz and interview. Certificate of Completion is provided.**



To request this training for your agency staff or region, please complete the application form.

# Fit WIC: Supporting WIC Families and Staff



**Length:** 1 Day

**Instructor:** State WIC Trainers

***Description:*** Mix fun with prevention as you learn how to conduct training activities related to childhood obesity prevention. Come prepared to have fun and ready to implement Fit WIC!

**You will learn to:**

- Use individual and group education approaches to promote healthy eating and physical activity
- Support staff in achieving healthier lifestyles
- Use available materials and resources for staff training and participant education

***Who Should Attend:*** All staff who teach, train or design classes.

To register, please view and print application form at:

<http://www.wicworks.ca.gov/resources/trainingBulletin/trainForms/StateTrainingRequestForm.pdf>

**To request this training for your agency staff or region, please complete the application form.**



# Learning to Listen, Learning to Teach

**Length:** 4 Days

**Instructor:** Global Learning Partners (GLP)

**Description:** Are you ready for Learner-Centered Education (LCE)?

**Come learn and practice:**

The 7 steps to developing great learning events  
Learner-Centered Education principles

Got questions, get answers! This intensive 4 day course will give you lots of opportunities to practice designing and teaching in a safe LCE way.

**Who Should Attend:** Experienced staff who teach, train, and/or design classes.

**This is an agency specific application process. Not all applicants will be accepted due to limited space.**

To register, please view and print application form at:  
<http://www.wicworks.ca.gov/resources/trainingBulletin/trainForms/LearningtoListenLearningtoTeachApplication.pdf>  
and fax to (916) 928-6816.

Date	Location
September 19-22, 2006	Sacramento
October 24-27, 2006	San Diego

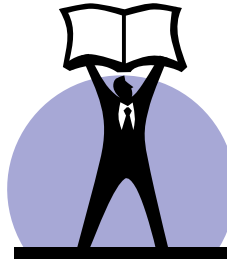
# Design Reinforcement Seminar

with

Training Consultants Global Learning Partners

**October 30, 2006**

Sacramento



This one-day seminar is geared to all WIC staff who design, or have input into designs. It will focus on ways to use proven principles of adult learning in all types of events – from participant classes to staff trainings to staff meetings! Recognizing large case loads and staff training realities, this seminar will offer ideas for using learner-centered principles with small or large groups. Space is limited to 16, so sign up early!

*Pre-requisite: Learning to Listen, Learning to Teach.*

For more information or to register for this seminar, please contact Teresa Dean at [TDean@dhs.ca.gov](mailto:TDean@dhs.ca.gov) or (916) 928-8778.



# ISIS Basic Part I

<p><b><u>Length:</u></b> 3 Days</p> <p><b><u>Instructor:</u></b> State WIC ISIS Trainers</p> <p><b><u>Description:</u></b> Topics covered include applicant screening, appointments, MEDS interface, certification/re-certification, and printing food instruments.</p> <p><b>Who should attend:</b> Staff who provide individual education or train those who provide education.</p> <p><b><u>TO REGISTER:</u></b> Please contact our State instructors Ana Rodrigues at (916) 928-8511, or Mini Sanchez-Vite at (916) 928-8731, or fax Ana or Mini at (916) 928-0519.</p> <p><b>WNA: Satisfies WNA Certification Task II, Task V, and Task VI requirement for quiz and interview. Certificate of Completion is provided. (Must attend Part I and Part II to receive certificate.)</b></p>	<table><tr><th>Date</th><th>Location</th></tr><tr><td colspan="2"><b><u>2006 SACRAMENTO TRAININGS</u></b></td></tr><tr><td>August 8, 9, &amp; 10</td><td></td></tr><tr><td>September 19, 20, &amp; 21</td><td></td></tr><tr><td>October 3, 4, &amp; 5</td><td></td></tr><tr><td>November 7, 8, &amp; 9</td><td></td></tr><tr><td>December 5, 6 &amp; 7</td><td></td></tr><tr><td colspan="2"><b><u>2006 BELLFLOWER TRAININGS</u></b></td></tr><tr><td>August 8, 9, &amp; 10</td><td></td></tr><tr><td>September 19, 20, &amp; 21</td><td></td></tr><tr><td>October 11, 12, &amp; 13</td><td></td></tr><tr><td>November 14, 15, &amp; 16</td><td></td></tr></table>	Date	Location	<b><u>2006 SACRAMENTO TRAININGS</u></b>		August 8, 9, & 10		September 19, 20, & 21		October 3, 4, & 5		November 7, 8, & 9		December 5, 6 & 7		<b><u>2006 BELLFLOWER TRAININGS</u></b>		August 8, 9, & 10		September 19, 20, & 21		October 11, 12, & 13		November 14, 15, & 16	
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# ISIS Basic Part II

<p><b><u>Length:</u></b> 2 Days</p> <p><b><u>Instructor:</u></b> State WIC ISIS Trainers</p> <p><b><u>Description:</u></b> Topics covered include adjunctive eligibility, voiding and change issued food packages, foster child enrollment, and transfers.</p> <p><b>This is the second part of the ISIS training required for ISIS certification.</b></p> <p><b><u>Who should attend:</u></b> Staff who have completed ISIS Basic Part I.</p> <p><b><u>TO REGISTER:</u></b> Please directly contact our State instructors Ana Rodrigues at (916) 928-8511, or Mini Sanchez-Vite at (916) 928-8731, or fax Ana or Mini at (916) 928-0519.</p> <p><b>WNA: Satisfies WNA Certification Task II, Task V, and Task VI requirement for quiz and interview. Certificate of Completion is provided. (Must attend Part I and Part II to receive certificate.)</b></p>	<table><tr><th>Date</th><th>Location</th></tr><tr><td colspan="2"><b><u>2006 SACRAMENTO TRAININGS</u></b></td></tr><tr><td>August 23 &amp; 24</td><td></td></tr><tr><td>October 18 &amp; 19</td><td></td></tr><tr><td>December 12 &amp; 13</td><td></td></tr><tr><td colspan="2"><b><u>2006 BELLFLOWER TRAININGS</u></b></td></tr><tr><td>August 21 &amp; 22</td><td></td></tr><tr><td>October 26 &amp; 27</td><td></td></tr></table>	Date	Location	<b><u>2006 SACRAMENTO TRAININGS</u></b>		August 23 & 24		October 18 & 19		December 12 & 13		<b><u>2006 BELLFLOWER TRAININGS</u></b>		August 21 & 22		October 26 & 27	
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# Cultural Diversity

**Length:** 1 day

**Instructor:** State WIC Trainers

**Description:** Cultural Competence is a lifetime learning process with many challenges and rewards. Build your communication skills while learning more about the way culture shapes our beliefs and behaviors.

**You will have the opportunity to:**

- Explore the concepts of cultural diversity and competence
- Share your own cultural history with other WIC staff
- Reflect on your past experiences, current beliefs, and behaviors related to providing services in WIC's culturally diverse program
- Improve communication skills when interacting with cultural groups different from your own

**Who should attend:** All WIC staff

To register, please view and print application form at:

<http://www.wicworks.ca.gov/resources/trainingBulletin/trainForms/StateTrainingRequestForm.pdf> and fax to (916) 928-6816.

**WNA: Satisfies WNA Certification Task I requirement for quiz and interview. Certificate of Completion is provided.**

**To request this training for your agency staff, please complete the application form.**



## Learning to Listen, Learning to Teach Workshop Application

Name \_\_\_\_\_

Agency \_\_\_\_\_

Position \_\_\_\_\_

Address \_\_\_\_\_

Phone number \_\_\_\_\_ FAX \_\_\_\_\_

E-mail address \_\_\_\_\_

What session(s) would you like to attend (specify date & location)? \_\_\_\_\_

First Choice: \_\_\_\_\_

Second Choice: \_\_\_\_\_

Reasons why you would like to attend a Learning to Listen, Learning to Teach Workshop:

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Please fax to:  
Teresa Dean  
Training and Career Development Unit  
FAX (916) 928-6816  
3901 Lennane Drive  
Sacramento, CA 95834

# State Training Request Form

Check the training box and complete this form to apply for the following State trainings: **\*\* Earn credit towards WNA Certification**

- ☐ **\*\* Be a Star: Customer Service**
- ☐ **\*\* Cultural Diversity**
- ☐ **\*\* Family Centered Education**
- ☐ **\*\* Participant Centered Individual Education**
- ☐ **\*\* Starting the Dialogue: Group Education - Beginning**
- ☐ **\*\* Starting the Dialogue: Group Education - Intermediate**
- ☐ **\*\* ISIS Basic Part I and II (contact ISIS instructors directly at (916) 928-8511 or (916) 928-8731**
- ☐ **Fit WIC**



For more information about these trainings, refer to the *Training Course Descriptions and Schedule pages*.

Submit your training application to: **Kim Frinzell, RD, Chief**  
Training and Career Development Unit  
California WIC Branch

[Kfrinzel@dhs.ca.gov](mailto:Kfrinzel@dhs.ca.gov)

Phone: (916) 928-8653

Fax: (916) 928-6816

Agency Name: \_\_\_\_\_

Contract Person: \_\_\_\_\_ Email: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Fax Number: \_\_\_\_\_

Title of training: \_\_\_\_\_

Proposed training date(s): \_\_\_\_\_

(Some trainings require follow up in services and workshops)

Number of staff to train: \_\_\_\_\_

Training location: \_\_\_\_\_

(Agencies are required to handle all training logistics)

What are your agency's goals for participating in the training? \_\_\_\_\_

Describe your agency's plans for reinforcing the training principles. \_\_\_\_\_

If you have more than 25 staff, how will you train the remaining staff in your agency? \_\_\_\_\_



## **Request to Add Recommended Outside Training to the State Training Bulletin**

From \_\_\_\_\_

Agency \_\_\_\_\_

Fax Number \_\_\_\_\_

Telephone Number \_\_\_\_\_

---

I would like to have the following added as a recommended outside training:

**Workshop/Conference**

\_\_\_\_\_

**Sponsor**

\_\_\_\_\_

**Date** \_\_\_\_\_

**Location** \_\_\_\_\_

**Contact** \_\_\_\_\_

**Comments**

\_\_\_\_\_

**Fax/mail the request to:**

Kim Frinzell, RD, Chief  
Training and Career Development Unit  
California WIC Program  
3901 Lennane Drive  
Sacramento, CA 95834  
Fax: (916) 928-6816

**To add recommended outside training, complete form at:**  
<http://www.wicworks.ca.gov/resources/trainingBulletin/trainForms/RequestToAddRecommendedOutsideTraining.pdf>

# Nutrition Classes Provided by Community Resource Project (CRP) Training Center

**WNA: The workshops meet the WNA streamlining criteria for the interview and quiz portion of the certification process.**

Class Title	Dates Offered
<b>Upcoming Sessions:</b> Session 1: Infant Nutrition Session 2: Child Nutrition Session 3: Prenatal Nutrition Session 4: Nutrition for Women after Delivery Session 5: Breastfeeding Promotion & Support, Part I Session 6: Breastfeeding Promotion & Support, Part II	August 24, 2006 August 25, 2006 September 14, 2006 September 15, 2006 October 26, 2006 October 27, 2006

<b>Description</b>	These classes are designed for paraprofessionals; however, nutritionists may attend. The classes are based on the <i>California WIC Program Training Manual</i> .
<b>Cost</b>	\$50 per person per class
<b>Who Should Attend</b>	Staff who teach and provide individual education
<b>Training Location</b>	Community Resource Project Training Site 250 Harris Avenue, Suite 1 Sacramento, CA 95838
<b>Registration Information</b>	Maureen Clark (916) 326-5835 or <a href="mailto:maureenc@cresource.org">maureenc@cresource.org</a> Fax requests to (916) 326-5839 Attention: Maureen Clark
<b>To access form, please view and print:</b>	<a href="http://www.wicworks.ca.gov/resources/trainingBulletin/trainForms/CommunityResourceProjectI ncWICProgramRegistration.pdf">http://www.wicworks.ca.gov/resources/trainingBulletin/trainForms/CommunityResourceProjectI ncWICProgramRegistration.pdf</a>

Community Resource Project, (CRP) Inc.  
**REGIONAL PARAPROFESSIONAL TRAINING CENTER**  
 250 HARRIS AVE., SUITE #1 SACRAMENTO, CA 95838  
 PHONE 916-567-5220, EXT. 0, (HARRIS AVE.); FAX (916) 567-5208  
 (916) 326-5835 (WIC PROGRAM)

**CRP WIC PROGRAM**  
**REGISTRATION – July 2006 – October 2006**  
**Agency Information**

Local Agency Name: \_\_\_\_\_ Contact Person/Supervisor: \_\_\_\_\_

Agency Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Agency Phone #(\_\_\_\_\_) \_\_\_\_\_ Agency Fax #(\_\_\_\_\_) \_\_\_\_\_ Email: \_\_\_\_\_

**Student Information**

Student's Name: \_\_\_\_\_ Student's email, if available: \_\_\_\_\_

***\*Please note: Completion of ISIS Training Sessions (Basic Part 1&2) are required PRIOR to attending Sessions 1-8.***

ALL SESSIONS BEGIN AT **8:30 AM**, WITH AN HOUR LUNCH BREAK, AND WRAP-UP IS AT **4:30 PM**

*\*To receive Certificate of Completion for WNA, students MUST attend all training sessions (1-8) and full days.*

Please **circle** all dates this student will be attending class:

<u>CLASS DESCRIPTION</u>	<u>DATES OFFERED</u>
SESSION 1 Infant Nutrition	Thursday, August 24, 2006
SESSION 2 Child Nutrition	Friday, August 25, 2006
SESSION 3 Prenatal Nutrition	Thursday, September 14, 2006
SESSION 4 Nutrition for Women after Delivery	Friday, September 15, 2006
SESSION 5 Breastfeeding Promotion & Support, Part I	Thursday, October 26, 2006
SESSION 6 Breastfeeding Promotion & Support, Part II	Friday, October 27, 2006

Total sessions scheduled to attend \_\_\_\_\_ x \$50.00 per session = \$ \_\_\_\_\_

- Email this form to Deena at [dmath@cresource.org](mailto:dmath@cresource.org) or send a fax to Deena at (916) 567-5208.
- If faxing, please write student name and contact phone number clearly on registration form.
- Please make check payable to: **COMMUNITY RESOURCE PROJECT RTC.**
- Please mail or fax a registration form for *each* student attending.
- Mail check to: **915 Broadway, Sacramento, CA 95818**
- **Class size is limited- Minimum of 10; Maximum of 18. Waiting list will be available if class is full.**
- You will receive a confirmation for your reservation by mail, fax, or e-mail.
- Refunds available if cancellation is at least 2 weeks prior to training day.
- **Please notify us immediately if there are any changes!**

# Recommended Outside Training

Workshop/Conference	Sponsor	Date	Location	Contact
<b>TRAININGS FOR 2006</b>				
2006 California Nutrition Network 10 <sup>th</sup> Anniversary Celebration	CA Nutrition Network for Healthy, Active Families; 5-A-Day Campaign	August 2006 Check website for dates	To be determined	<a href="http://www.dhs.ca.gov/ps/cdic/cpns/ca5aday/default.htm">http://www.dhs.ca.gov/ps/cdic/cpns/ca5aday/default.htm</a> Carma Okerberg (916) 449-5425 for info.
Advanced Practice in Breastfeeding: What Does That Mean?"	Santa Clara County Public Health Department Nutrition and Wellness; WIC Program/Santa Clara Valley Breastfeeding Taskforce	September 8, 2006	Los Gatos, CA	Kathy Sweeney, RD, LE (408) 792-5052
Current Breastfeeding Practices: Old challenges & New Solutions	The Breastfeeding Coalition of San Joaquin County	September 15, 2006	Stockton, CA	<a href="http://www.breastfeedingcoalition.org">http://www.breastfeedingcoalition.org</a> or Susan Pirie at Susan.pirie@chw.edu
American Dietetic Association Food and Nutrition Conference and Exhibition (FNCE) 2006	American Dietetic Association - FNCE	September 16-19, 2006	Honolulu, HI	(800) 877-1600 ext 5500 <a href="mailto:weightmgmt@eatright.org">weightmgmt@eatright.org</a>  <a href="http://www.cdrnet.org">www.cdrnet.org</a>
BEST Lactation Consultant Specialized Certificate Program	University of California, San Diego Extension	September 2006 – May 2007 (18 mtgs.)	Lodi Memorial Hospital	Enrollment information: <a href="http://extension.ucsd.edu/">http://extension.ucsd.edu/</a>  Training location information <a href="http://www.lodihealth.org">www.lodihealth.org</a>
2006 (NWA) National WIC Association - Nutrition & Breastfeeding Conference	NWA	September 19-21, 2006	Pointe Hilton Squaw Peak Hotel Phoenix, AZ	<a href="http://www.nwica.org">www.nwica.org</a>

# Recommended Outside Training

Workshop/Conference	Sponsor	Date	Location	Contact
2006 (NWA) National WIC Association - Nutrition & Breastfeeding Conference	NWA	September 19-21, 2006	Pointe Hilton Squaw Peak Hotel Phoenix, AZ	<a href="http://www.nwica.org">www.nwica.org</a>
ADA Certificate of Training in Adult Weight Mgmt. Program	ADA	October 26-28, 2006	Kansas City Marriott Kansas City, Missouri	<a href="mailto:weightmgmt@eatright.org">weightmgmt@eatright.org</a> 800-877-1600 ext 5500
American Public Health Association Annual Meeting and Exposition	APHA	November 4-8, 2006	Boston, MA	<a href="http://www.apha.org">www.apha.org</a>
ADA Certificate of Training in Adult Weight Mgmt. Program	ADA	December 7-9, 2006	Renaissance Fort Lauderdale Plantation, Florida	<a href="mailto:weightmgmt@eatright.org">weightmgmt@eatright.org</a> 800-877-1600 ext 5500
<b>TRAININGS FOR 2007</b>				
2007 Childhood Obesity Conference	Department of Health Services/Dept. of Education and University of California Berkeley, Center for Weight and Health	January 23-26, 2007	Anaheim Marriott Anaheim, CA	Marlaina Wilson at (916) 928-8683 <a href="http://www.cce.csus.edu/conferences">www.cce.csus.edu/conferences</a>
CCLHDN 2007 Annual Conference	CCLHDN	To be determined	To be determined	Anaa Reese (510) 208-5909
2007 Annual California Nutrition Network for Health, Active Families Social Marketing Conf.	CA Nutrition Network for Health, Active Families; 5-A-Day Campaign	To be determined	To be determined	(916) 608-8686 <a href="http://www.dhs.ca.gov/ps/cdic/cps/ca5aday/default.htm">http://www.dhs.ca.gov/ps/cdic/cps/ca5aday/default.htm</a>
American Dietetic Association Food and Nutrition Conference and Exhibition 2007	American Dietetic Association	September 29 through October 2, 2007	Philadelphia, PA	(800) 877-1600 ext 5500 <a href="mailto:weightmgmt@eatright.org">weightmgmt@eatright.org</a> <a href="http://www.cdrnet.org">www.cdrnet.org</a>

# Recommended Outside Training

Workshop/Conference	Sponsor	Date	Location	Contact
NWA Annual Conference		April 30 – May 3, 2007 Tentative dates	Pending	<a href="http://www.nwica.org">www.nwica.org</a>
American Dietetic Association Food and Nutrition Conference and Exhibition (FNCE) 2007	American Dietetic Association - FNCE	September 29 – October 2, 2007	Philadelphia, PA	(800) 877-1600 ext 5500 <a href="mailto:weightmgmt@eatright.org">weightmgmt@eatright.org</a> <a href="http://www.cdrnet.org">www.cdrnet.org</a>
NWA Technology Conference		September 24-26, 2007 Tentative dates	Pending	<a href="http://www.nwica.org">www.nwica.org</a>
CWA 2007 Annual Meeting	California WIC Association	Monday, May 7 – Wednesday, May 9, 2007 (Pre-conference-Sunday, May 6)	The Fairmont 170 South Market Street San Jose, CA 95113	<a href="http://www.calwic.org">www.calwic.org</a> (916) 448-2280
2007 SNE	Society for Nutrition Education	July 28-August 1, 2007	Chicago, IL	<a href="http://www.sne.org">www.sne.org</a> Jackie Williams (317) 328-4627
2007 FNS	FNS	TBD	TBD	
Advances in Perinatal and Pediatric Nutrition	Stanford University	TBD	TBD	
<b>2008 UPCOMING EVENTS</b>				
NWA Annual Conference	NWA	May 25-28, 2008 Tentative dates	Pending	<a href="http://www.nwica.org">www.nwica.org</a>
American Dietetic Association Food and Nutrition Conference and Exhibition (FNCE) 2008	American Dietetic Association – FNCE	October 18 – October 21, 2008	Chicago, IL	(800) 877-1600 ext 5500 <a href="mailto:weightmgmt@eatright.org">weightmgmt@eatright.org</a> <a href="http://www.cdrnet.org">www.cdrnet.org</a>

# Recommended Outside Training

Workshop/Conference	Sponsor	Date	Location	Contact
<b>2009 UPCOMING EVENTS</b>				
NWA Annual Conference	NWA	May 24-27, 2009 Tentative dates	Pending	<a href="http://www.nwica.org">www.nwica.org</a>
American Dietetic Association Food and Nutrition Conference and Exhibition (FNCE) CWA	American Dietetic Association – FNCE	October 17 – October 20, 2009	Denver, CO	(800) 877-1600 ext 5500 <a href="mailto:weightmgmt@eatright.org">weightmgmt@eatright.org</a> <a href="http://www.cdrnet.org">www.cdrnet.org</a>
<b>2010 UPCOMING EVENTS</b>				
American Dietetic Association Food and Nutrition Conference and Exhibition (FNCE) 2010	American Dietetic Association - FNCE	September 16-19, 2006	Honolulu, HI	(800) 877-1600 ext 5500 <a href="mailto:weightmgmt@eatright.org">weightmgmt@eatright.org</a> <a href="http://www.cdrnet.org">www.cdrnet.org</a>

# Looking for some online training resources?



- Ⓢ **Earn 4 CPE credits! See if you can earn free continuing education credits! WIC Learning Online is approved by the American Dietetic Association! Check out WIC Works!** Follow this link to various online learning modules that will enhance your knowledge and provide opportunities to learn what other state WIC organizations are doing to promote healthy eating, breastfeeding, cultural challenges, etc. Learn more about these convenient and valuable educational topics at <http://www.nal.usda.gov/wicworks/Topics/index.html>. You can easily access these various online modules by going to: [http://www.nal.usda.gov/wicworks/Topics/online\\_modules.html](http://www.nal.usda.gov/wicworks/Topics/online_modules.html).
- Ⓢ **Free Quick Reference and Curricula** at [www.pacificwestmch.org](http://www.pacificwestmch.org). The Pacific West MCH Distance Learning Network has developed three curricula for health professionals to strengthen nutrition services for children with special health care needs and their families in 13 western states. Nutrition For Children With Special Health Care Needs – Self Study Curriculum (6 modules, 1 CEU each); Nutrition For Children With Special Health Care Needs – Group Study Curriculum (4 modules, 1 CEU each); and Nutrition and Oral Health – Self Study Curriculum (5 modules, 1 CEU each).
- Ⓢ **For more in-depth nutrition related learning opportunities**, please view the following website: <http://www.nutritionworks.cornell.edu/features/index.cfm?Action=Catalog>
- Ⓢ **WIC Learning Online** has 12 online modules to train staff. To learn more, please view the following website: [http://www.nal.usda.gov/wicworks/WIC\\_Learning\\_Online/index.html](http://www.nal.usda.gov/wicworks/WIC_Learning_Online/index.html)
- Ⓢ **To access FNS/USDA resources**, please view the following website: <http://www.fns.usda.gov/fns/default.htm>
- Ⓢ **2006: Motivational Interviewing Training** by Deborah H. A. Van Horn, Ph.D. Introduction to Motivational Interviewing eight week Teleclass, and Advanced Motivational Interviewing Teleclass coming in Spring 2006. To view teleclass, go to: <http://www.vanhornconsulting.com/tele.htm>. You may register online, by mail, or call (856) 905-5261 for information.

## Looking for some online training resources? cont:

- Ⓢ **Cosumnes River College Dietetic Tech Program! ONLINE** January 17-May 24, 2006; earn transferable units! For more information, research their website at [www.crc.losrios.edu/~diettech/](http://www.crc.losrios.edu/~diettech/)

**Cosumnes River College offers an Online Dietetic Technician Program**, an Associates Degree (2-yr) in Nutrition and Foods, Nutrition and Dietetics Certificate and a Community Nutrition Specialist Certificate. In addition, you can register for any of the online nutrition classes without being in the Dietetic Technician Program. If you are working at a local WIC site and have wanted to take a nutrition class at your local community college, but could not work it into your schedule, we offer a 3-unit transferable nutrition class online! Even if you have a nutrition degree, you can take these online classes to update your knowledge in Medical Nutrition Therapy, Advanced Nutrition, Community Nutrition and/or Culinary Management. These classes are especially helpful if you have been out of school for a few years and are preparing to apply for a dietetic internship or as part of your preparation to pass the RD exam. More details are in the Recommended Outside Training section.

- Ⓢ **Dietitians!!** Check out the latest satellite broadcasts, web casts, and live on-site training courses being held now! Learn about the informative programs and courses that are available to you from CDLHN. For registration and resource information, please view the following website: <http://www.cdlhn.com>

# California WIC Program Training Materials

Title of Material	Description of Training Content	How to Obtain Material
<b>California WIC Training Manual</b>	<p>This self-paced manual can be used to conduct training for WNA certification.</p> <ul style="list-style-type: none"><li>• The manual contains the 23 modules for the 8 competency areas for WNAs.</li><li>• Topics in the manual include an overview of WIC services, the process for certification of WIC participants, nutrition assessment, individual and group education, the food delivery system and information about making referrals.</li><li>• Information in the manual is considered critical for new staff to become functional in WIC.</li><li>• The manual can also be used to orient nutritionists.</li></ul>	<p>Each module is in Adobe Portable Document Format (PDF) and can be viewed or downloaded.</p> <p><b>Available online at</b> <a href="http://www.wicworks.ca.gov/">http://www.wicworks.ca.gov/</a></p>

# California WIC Program Training Materials

Title of Material	Description of Training Content	How to Obtain Material
<b>WIC Nutrition Assistant (WNA) Certification Manuals</b>	<p>There are two manuals for the WNA certification process, one for the candidate for certification and one for the reviewer working with the candidate.</p> <ul style="list-style-type: none"> <li>• <b>The Reviewer Manual</b> contains an overview of the certification process, the guidelines for reviewers and the answers to evaluation questions.</li> <li>• <b>The Candidate Manual</b> contains the 8 tasks for the competency areas required for certification, the evaluation tools used to assess the candidate's progress, and the signature forms for submission to the State to request certification for the candidate to become a WNA.</li> </ul>	<p>Order through Office of State Publishing:</p> <ol style="list-style-type: none"> <li>1. Complete OSP form 504: <i>Administrative Materials</i>. Record the following information for each manual:</li> </ol> <p><b>970005:</b> Reviewer's Manual</p> <p><b>970006:</b> Candidate's Manual</p> <p><b>Order WIC materials: Fax the form to (916) 928-4759 or call (800) 585-7341 or (916) 928-5992.</b></p>

# Nutrition Education and Training Consortia

Consortium	Contact Person	Telephone
Bay Area Nutrition Education and Training Consortium	Beverly Clark Contra Costa County	(925) 646-5376
Central Valley Nutrition Education and Training Consortium	Nicole Adams UHC <a href="mailto:Adams4uhcwic@hotmail.com">Adams4uhcwic@hotmail.com</a>	(559) 638-3948
North Coast Nutrition Education and Training Consortium	Denise Kirning Solano County	(707) 784-8131
Sacramento Nutrition Education and Training Consortium	Beverly Anstine Stanislaus County	(209) 558-5075
Southern California Nutrition Education Consortium	Gauri Rao Public Health Foundation Enterprises, Inc.	(626) 856-6650 ext. 213
Southern California Training Consortium	To Be Announced	To Be Announced

## LOCAL AGENCY TRAINING APPROVAL REQUEST

Name of Contact Person: \_\_\_\_\_  
Local Agency Name: \_\_\_\_\_

Date: \_\_\_\_\_  
Date Approval Needed: \_\_\_\_\_

### Training Information

Name of Training: \_\_\_\_\_

Date(s) of Training: \_\_\_\_\_ Location of Training: \_\_\_\_\_

Reason for Attendance: \_\_\_\_\_

Training Overview: *Please attach flyer or copy of course description.*

**NOTE: Please refer to the WIC Program Manual, Sections 110-30 and 130-40 regarding allowable and unallowable costs, and training approval guidelines for your agency at <http://www.wicworks.ca.gov/>**

### Request that the Following Staff Attend Training

Name	Position Title
_____	_____
_____	_____
_____	_____
_____	_____

### Costs

Registration:	Number of Attendees: _____	X Registration Fee/person	\$ _____ = \$ _____
Per Diem:	Number of Attendees: _____	X Per Diem & Lodging/person	\$ _____ = \$ _____
Airline:	Number of Attendees: _____	X Ticket Price/person	\$ _____ = \$ _____
Car Rental:	Number of Days: _____	X Rate/day	\$ _____ = \$ _____
Mileage:	Number of Miles: _____	X No. of Cars ____ X Mileage Rate	\$ _____ = \$ _____
Other Cost ( <i>Please Specify</i> ):	_____		\$ _____ = \$ _____

### TOTAL COSTS

\$

### Questions

- Are there adequate funds in the appropriate line of your current Fiscal Year WIC budget for this training? ☐ Yes ☐ No  
If "No", have you submitted a line item transfer request? ☐ Yes ☐ No
- Is this training included in your training plan for the current fiscal year? ☐ Yes ☐ No  
If "No", explain why addition is needed. \_\_\_\_\_

### STATE USE ONLY

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ ☐ Approved ☐ Not Approved

Signature: \_\_\_\_\_ Regional Nutrition Consultant WIC Supplemental Nutrition Branch

OUT OF STATE TRAVEL APPROVAL Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ ☐ Approved ☐ Not Approved

Signature: \_\_\_\_\_ Section Chief WIC Supplemental Nutrition Branch